Bringing Theory to Practice
Toolkit Instrument: Summary Handout

Instrument Overview: This instrument is intended to address the three dimensions of BTtoP work (engaged learning, civic engagement, and student mental health and well-being) in a single instrument. Drawing from standardized instruments and original items, it addresses multiple facets of each of the three core research dimensions.

Outline of Assessment Areas by Core BTtoP Research Dimension¹:

1. Engaged Learning
   - Items intended to address levels of engaged learning:
     - Preparatory
     - Responsive
     - Transformative
     - Initiative
     (Items adapted from the National Survey of Student Engagement, College Student Experiences Questionnaire, and original items from the BTtoP consortium)

2. Civic Engagement
   - Moral development scale (Eyler & Giles, 1999)
   - Civic-mindedness scale (Eyler & Giles, 1999)
   - Degree of civic involvement in different types of communities (campus, local, community and national) (BTtoP Consortium)
   - Motivation for involvement (Montclair State University)
   - Frequency of participation in civically-oriented activities (Montclair State University)

3. Student Mental Health & Well-being

   Mental Health:
   - Stress scale (BTtoP Consortium)
   - Depression scale (CES-D, Center for Epidemiological Studies – Depression scale)

   Well-being:
   - Alcohol use (frequency and amount of consumption per month, per week, per sitting) (BTtoP Consortium)
   - Alcohol motives scale (Cooper 1994)
   - Alcohol problems scale (CAPS-r)
   - Substance use (frequency of use of illegal drugs, marijuana, recreational use of prescription drugs) (BTtoP Consortium)

¹ Sources for measures are indicated in italics